The Future of Nouthfeel

A report exploring texture and mouthfeel trends in the future of food.

TATE & LYLE

Issue 2024 Mastering the Marvel of Mouthfeel ™

Tate & Lyle is excited to bring you the first Mouthfeel Trends **Report in the industry.** Developed with market-leading research experts at Kantar, this report will look into the future of food and opportunities to elevate the mouthfeel of your products, to always keep your brand on consumers' shopping lists. With our market-leading insights, portfolio and science, we can help you master mouthfeel when renovating and innovating delicious foods and beverages-today and tomorrow.



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Welcome to the Future of Mouthfeel

Are you ready for the **next formulation waves?** New trends are set to disrupt the industry – mastering mouthfeel will be **central for your brand's success**.

First thing's first - what is mouthfeel?

Have you ever wondered why you like your favourite foods and drinks so much? One crucial factor is surely the flavour - but is that all there is to it?

Think of a person who loves chocolate-flavoured cookies. Besides the chocolate flavour, they probably like them for other reasons, such as their visually crumbly appearance, which suggests texture even before taking a bite. That crunchy shell that, when bitten, breaks with a soft sound to reveal a moist interior, with a creamy and slightly chewy filling.

So, what is mouthfeel? Well, it's all of these elements - and more.

Mouthfeel is a part of the overall "taste experience". It is the texture and sensation you experience when consuming your favourite food and beverages. This includes how food looks, tastes, sounds and feels in your mouth.

Together, these sensations create the full experience of eating, impacting not just how food tastes, but how it feels in our mouths – critical factors for keeping consumers happy, and food and beverage brands successful!





Taste, texture and trends: what's influencing the food and beverage industry?

Taste remains the primary reason people gravitate towards certain foods and drinks, and it is the number one purchase driver of food and beverage. However, taste encompasses more than just flavour – things like texture, sound and appearance play a role in the crafting of tasty foods, meaning that getting mouthfeel right in product formulation is a critical consideration for manufacturers.

In an ever-changing marketplace, manufacturers will need to keep innovating and renovating their portfolios to create products that are healthier, more affordable, cleaner, and more sustainable, all while creating an amazing taste sensation (and remember, that includes mouthfeel!).

In this report, through a series of expert interviews with industry leaders, social media analysis, research into NPD and insights from industry specialists across different markets, we're aiming to help manufacturers understand the newest trends in mouthfeel, and what it means for them.

There is an opportunity to meet the latest mouthfeel trends with a knowledge of how new demands intersect with the broader food and beverage trends, to create irresistible products that excite all our senses.



Getting mouthfeel right in formulation is crucial to win in the future of food

Engineering a texture and mouthfeel that delivers an exceptional sensory experience and appeals to consumers is an exciting, albeit rarely straightforward, task.

For many it means either renovating their existing products, or innovating new products and recipes altogether.

The different drivers of innovation and renovation in the future of food – affordability, cleaner labels, healthier foods and sustainability, among others – will impact the taste and mouthfeel of food products. Formulators will need technical expertise and support to work on three fronts; retain the mouthfeel attributes which are lost when optimising costs, regain mouthfeel when reformulating products into healthier or cleaner versions, as well as being able to innovate in texture and mouthfeel to create new sensory experiences to keep consumers engaged with their brand.

At Tate & Lyle, our team of experts has been working with manufacturers across numerous countries and categories to help them find solutions that deliver mouthfeel innovation, maintain great taste, and tap into different consumer trends.

Hungry to learn more? This report will give you a flavour of the key trends impacting different markets globally, to help you devise a recipe for success.





Affordability

Cleaner labels



Healthier foods



Sustainablility

Key mouthfeel trends

In partnership with Kantar, we undertook a comprehensive research methodology to identify nine everchanging mouthfeel trends in the food and beverage industry. Our approach began with an analysis of macro forces influencing consumer behaviour, focusing on economic, environmental and societal shifts. Key factors included urbanisation, rising living costs and concerns regarding water quality.

We then translated these macro insights into specific food and beverage trends. Expert interviews with research and development specialists, chefs and academics provided diverse perspectives on consumer preferences and behaviours on a global scale.

To further deepen our insights, we also employed social media analytics to the very latest conversations about mouthfeel across various markets, including Indonesia, Japan, United Kingdom, USA and Brazil, illuminating public perceptions and preferences.

Finally, our trend analysts decoded new product development manifestations, examining how

trends appear in both out-of-home and packaged goods. By synthesising insights from these varied sources, we identified nine key mouthfeel trends, sharing an insight into the future of our food and beverage experiences.

Our thinking process started at a macro-level and zeroed in on the mouthfeel trends...

Macro-forces Wellbeing Political Social Environmental Economic Technological

An analysis of macro-forces creating change in the way people cook, eat and access food - resulting in key implications for the world of food and beverages.

Food and beverage trends Plant powered Hyper-convenience Clean-label Responsible eating **Elevated experiences** and more

We clustered the Implications of the macro-forces and layered further insight from expert interviews, Trend scoping, NPD decoding and Social analytics to develop food and beverage trends.









From food and beverage trends, we unearthed a long list of Mouthfeel Implications. These implications are clustered into nine mouthfeel trends!

Mouthfeel trends



Hyper Crunch

In a stimulation-seeking world, we're **increasingly hungry** for sensory input from our foods.

Consumers have an appetite for foods and snacks which deliver a more multi-sensorial experience and compel them to feel 'in the moment'. Whether sweet or savoury, there is a consistent increase in standards set for loud, crunchy experiences that delight the senses, which can be attributed, in part, to the rise of the air fryer which has elevated people's daily expectations for crunchy foods.

Crunch cannot deliver its experience alone. These extreme sensations are typically coupled with bold flavours like mature cheeses, chilli, cinnamon and caramel. Foods such as these are paired with bold add-ons like spicy salsas or flavourful dips.

What does this mean for innovators?

While today we see crunch in snacks including crisps and popcorn, on meats, fish and poultry with a crumb or coating, and in breakfast cereals and desserts, in the future there will be new foods and snacks that pack a punch of crunch. This includes vegetable and fruit crisps, crumbed and coated veggies, and savoury food toppings and sprinkles like bacon bits.

Hyper-crunch is the next generation of crunch, snap and sound, and is a trend which has begun to travel across the globe. This trend presents a host of opportunities for innovators, such as finding ways for products to maintain texture when combined with wet foods, and ensuring brand-specific crunch expectations are met.

Trends in play

Today, crunch is bold and seen more often in savoury foods, with combinations like pickles in cheese blankets or air-fried pasta. Consumers are even adding baked rice to their salads in an effort to experience that crucial crunch.

Tomorrow, crunch will appear more frequently in sweet categories with more exotic twists. We can see examples in creations such as a viral chocolate with crispy kunafa filling (also known as "Dubai chocolate") or the "crackle coffee", iced coffee cups coated with a layer of chocolate that crackles when you squeeze the cup. Toasted hot cross buns with ice cream will offer contrasting textures.

In the market, we can currently see examples such as KFCs Australia's New Waffle Double which features two Crispy Chicken Buns sandwiching a crisp and chewy waffle center.

These innovations reflect evolving expectations, merging traditional flavours with new techniques to create extraordinary crispy, crunch culinary experiences.



Air: The Next Magic Ingredient

In contrast to crunch, **air is all about making foods lighter**, making them melt in your mouth and giving bubbly sensations that deliver both indulgent and calming mouthfeel.

Across food and beverage categories, there is a growth in the use of air to create more elevated experiences that melt, pop, flake, and fizzle on the tongue. Air delivers a strong juxtaposition to the loud boldness of crunch, and consumers are findin joy in the gentle dissolving of voluminous bubbles in the mouth.

The most prominent example of air incorporation is the use of foams and froths, where air can be used in some categories to create a sense of elevation.

Desserts and baked goods use air to deliver elevated flakiness, 'moussey' and creamier textures. Confectionery and sweets are incorporating light aeration to introduce a pillowy, soft mouthfeel.

Baked goods, beverages, and desserts are utilising air to add volume, provide a fuller mouthfeel, and mimic satiety. Moreover, it has the potential to mask ingredients like protein and collagen by 'lightening' the mouthfeel experience.

What does this mean for innovators?

Where there is air, there's room for innovation—protecting airy textures in packaged goods and creating foams, froths, and whipped desserts at home. Leveraging air can create healthier products by increasing their volume, as seen in mousse-style desserts. With products packed with air, satiation can be achieved with a lower caloric intake.

Where's best for air?

Whether it's whipped, puffed, or frothed, more categories are entering the airspace.

Today, air is used in puffed and popped snacks, baked goods, desserts, and beverages. The 'air trend' will increasingly enter households through alcoholic and non-alcoholic beverages – the 'nitro' trend seen in some beers migrated to be seen in coffee beverages and even soda. Canned flavoured foams help consumers elevate their 'barista' experience at home adding lightness to coffee.

In baked goods, the airy inspiration comes from the East, where lightness is a key attribute seen in products such as the pandan cake, chiffon and crepe cakes, and the trendy Singaporean ice cream Loti, an airy sandwich bread dessert, all of which are starting to emerge in western menus.

Fermented foods, frozen desserts, cheeses, and butter are also incorporating more air for an airy, frothy, and creamy mouthfeel, as seen in innovations such as whipped feta, a lighter mouthfeel version of the cheese. Cotton candy has been doing this for years, and other sweets and confectionery will likely follow, along with salad dressings and sauces.



Trend three

Multi-layered Mouthfeel

Sometimes, one texture isn't enough. It's about the contrasts and combination, whether that be dry and wet, crunchy and soft, or another pair of opposites, which create compelling moments for consumers.

Multi-dimensional mouthfeel is increasingly being incorporated into food and snacks, with different sensations gradually revealing themselves as the item is consumed.

It provides foods and snacks with a more dynamic and engaging eating experience, captivating consumers with unique and intriguing combinations.

From the dry crunch of a snack paired with a smooth, creamy dip, to the refreshing burst of a carbonated beverage with a chewy element, these multi-dimensional creations offer a memorable culinary experience.

What does this mean for innovators?

The combination of textures holds significant potential for innovation. Pocky Sticks, for instance, exemplify consumer demand for multi-dimensional mouthfeel experiences. Following their double-layered coating – pretzel sticks with a creamy strawberry layer and a crunchy, freeze-dried strawberry coating – it became a social media trend for additional layering. Another social media trend was the "Fluffy Coca-Cola" drink – an ice-cold crispy coke, combined with sticky marshmallow fluff.

Unique combinations across markets, such as acai bowls with crunch crackers or Indonesia's satay, highlight dievrse textures.

The combination of crunchier outer layers with wetter fillings, balancing contrasting textures, all adds something new and exciting to the eating experience - creating an equally unique avenue in innovation.

Trends in play

Today, multi-dimensional foods and snacks have two or three textures at play, offering novel twists on typical snacks and foods to elevate them above the everyday experience. For instance, sticky, crunchy chicken in soft bao buns, crispy filo pastry encasing soft feta with a honey topping, and creamy butter sandwiched between the crunch of radishes provide delightful contrasts.

Tomorrow, multiple textures will interact with one another to deliver an ever-changing experience to excite all the senses, such as cracker candy with three layers – saltine crackers, toffee, and chocolate, or ramen soup dumplings that increasingly incorporate more than one experience.



Next-gen Naturality

Consumers are increasingly seeking cleaner labels and ingredients in their food and beverages. "Next-gen naturality" balances recognisability and convenience without sacrificing mouthfeel, shelf life, or sensory experience.

The next-gen naturality trend taps into the growing desire for food that feels real, made with a home-cooked feel and ingredients people recognise and trust. This shift spans from snack bars to everyday meals, as consumers increasingly look to avoid artificial additives and preservatives while still enjoying convenience. For some, it's about replacing highly processed elements with whole ingredients like fruits, vegetables, and grains; for others, it's about balancing naturality with time and budget constraints. As the pendulum swings between these preferences, the aim is for a future where convenient and accessible options are also more naturally formulated.

Sub-trends like 'clean label' showcase this demand for simplicity, as more people expect ingredient lists free-from synthetic additives. Innovations like natural thickeners and gentle processing techniques—such as freeze-drying and cold-pressing—are keeping ingredients fresh and flavours intact without compromising mouthfeel or shelf life. Products with visible inclusions, like seeded breads, drinks with fruit pieces, and naturally coloured snacks, provide recognisable quality that satisfies the balance of naturality and convenience that consumers seek.

Trends in play

Snack bars made entirely of fruits and nuts leverage these natural ingredients for their nutritional content and the textural sensations they add to the product. D'Avocado's preservative-free chocolate avocado pudding is another example of leveraging avocado, a natural ingredient, for its nutrition but also the fatty mouthfeel that makes pudding delicious. Yogurt brands such as Chobani utilise tapioca starch, which comes from the cassava root, to thicken and create a glossy appearance with creamy mouthfeel.

Innovators are presented with the need to balance cleaner labels with sensory appeal, employing techniques like freeze-drying and natural thickeners to maintain product integrity. It's an enticing possibility, and those who can find a way to navigate these demands will be well-positioned to capture health-conscious consumers in an increasingly health-conscious world.



Chobani yogurt https://www.chobani.com/products/yogurt/zero-sugar/vanilla-cup



Trend five

Convenience and **Shelf Proof Mouthfeel**

As consumers juggle busier lives, they demand convenient foods that deliver on taste, texture and nutrition. Achieving satisfying mouthfeel with minimal prep and longer shelf life is the next frontier.

The demand for convenience is soaring, but consumers refuse to compromise on taste or mouthfeel. They expect ready meals, snacks, and small dishes that maintain texture—even after extended shelf life.

Innovative processing technologies, such as freeze-drying and vacuum-sealing, are crucial for preserving freshness and flavour in shelf-stable products. Recent innovations in ingredients also support the delivery of great mouthfeel in convenience foods. Startches are highly recognized for their functionality in keeping products fresh and tasty through freeze-thawing and long shelf life - and new innovations from Tate & Lyle are continuously pushing these boundaries.

Convenience must also be versatile. Products that transition seamlessly from lunchbox snacks to main meals are driving growth in this sector. Flexibility, freshness, and sensory consistency will be crucial for brands aiming to win over consumers in the future of convenient eating.

What does this mean for innovators?

For innovators, the path forward involves addressing a number of formulation requirements: retaining freshness and the feeling of a home-cooked meal texture in foods that are shelf-stable, or frozen and thawed a number of times, whilst being easy to prepare. One of the biggest hurdles is the preservation of texture—whether it's keeping vegetables crisp, maintaining the perfect moisture in meats, or ensuring sauces stay smooth and creamy.

Another key consideration for future innovation will be finding ways to optimise quick-prep methods like microwaving and air-frying. Brands must ensure that these techniques don't compromise on an exemplary sensory experience. Lastly, finding new ways to minimise packaging waste while ensuring the food's integrity remains a priority as consumers demand eco-friendly options.

Trends in play

- · Campbell's Sipping Soups Smooth, shelf-stable soups for on-thego consumption.
- Franco Manca cook-at-home pizza Convenient frozen pizzas with the same crispy and chewy crust of Neapolitan pizzas they serve at their restaurants.
- Ramen Raijin Frozen ramen kits preserving authentic noodle chew. During the pandemic, when customers couldn't join them in restaurants, Ramen Raijin developed a frozen ramen kit with a winning formulation to be able to scale the delivery of ramen while preserving the key mouthfeel attributes such as the chewiness of the noodles.





Mouthfeel Mimicry

As consumers seek healthier, affordable, and more sustainable food alternatives, they remain unwilling to sacrifice the familiar textures they love, driving the need to reformulate while retaining mouthfeel. This push for mouthfeel mimicry is revolutionising categories from dairy to desserts.

Mouthfeel mimicry categories

As the trend for mouthfeel mimicry grows, it can be broken down into three key areas, each addressing different consumer needs and motivations:

- 1. Compromise-free plant-based alternatives: As demand for plant-based options grows, consumers seek indulgent, creamy textures similar to traditional foods. Credo Foods' oat milk-based spray cheese and Trader Joe's vegan brioche replicate the mouthfeel of dairy-rich cheeses and breads, satisfying cravings without dairy or eggs.
- 2. Health mimicry: Health-focused consumers want guilt-free versions of their favourite textures. This trend is visible in crunchy, nutrient-dense snacks like shiitake and okra chips, offering potato chip-like satisfaction with added health benefits.
- 3. Accessible luxuries amidst the cost-of-living crisis: Amid rising prices for luxury ingredients, consumers look for affordable alternatives that don't sacrifice indulgence. Brands respond with budget-friendly innovations, such as chocolate-flavoured treats and plant-based ice creams that recreate the creamy mouthfeel of traditional favourites at lower costs.

What does this mean for innovators?

Mouthfeel mimicry offers innovators opportunities to create indulgent products that prioritise health and affordability. As traditional ingredients rise in cost, exploring alternative options becomes essential.

This means innovators must find ways to refine their skills in recreating the creamy richness of dairy, the juicy tenderness of meats, and the flaky textures of pastries. That requires skilfully combining plant proteins, fats and stabilisers to achieve the desired mouthfeel without sacrificing flavour.



CREDO Oatmilk spray cheese https://shop.credofoods.com/ products/oat-milk-cheddar-cheeze



Trend seven

Veggie Celebration

Consumers are seeking increasingly creative and novel ways to incorporate veggies into their diets, with new ways of cooking and preparing them seen trending online all the time.

While dietary trends fluctuate between whole foods and processed foods, a growing focus on health means consumers today are focusing on eating a greater quantity and wider variety of veggies - both for themselves and their children.

However, there's a tension between the demand for veggies to support healthier lifestyles and making them delicious and interesting.

Today, people seek more veggies in their meals and snacks. Lunchtime options, whether school meals, office canteens, or homemade lunches, are key places for consuming healthy but sensory-pleasing veggies.

For families, the need for invisible veggies to help kids appreciate them is growing, providing parents peace of mind about the nourishment in packaged foods. In fact, 76% of six-year-olds prefer foods without lumps, seeds, or chunks, highlighting the challenge of incorporating veggies into children's diets.

Another way the 'Veggie Celebration' trend drives innovation is by putting vegetables front and center to create exciting and novel textures. This can be seen in the growing number of alternative-flour snacks made from chickpeas, beetroot, and sweet potatoes, which delight consumers with unique flavors and textures.

Where's best for veggies?

Beyond main meals, veggies are appearing in snacks, small meals, and shared moments, like a plate of crudites at a dinner party.

Currently, frozen veggies, canned foods, and ready meals are common ways to shoehorn vegetables into diets. Packaging claims about the number of different vegetables and their health benefits are often seen on ready meal sleeves.

Going forward, innovations will focus on incorporating veggies into beverages, snacks, baked goods, and salad dressings and sauces.

What does this mean for innovators?

Creative textures and unique combinations are driving innovation in harnessing the power of veggies to create them in new forms.

Vegetable crisps made from beetroot, carrot or parsnip have been popular for decades, with baked versions becoming mainstream recently. Now mouthfeels, such as crunch, leather, and roasted, will become more common - like this Garden Gourmet pizza, meeting the desire for convenience with enjoyment.

Celebrating veggies is one of the most exciting avenues to go down across mouthfeel for innovators, given they are something which form our everyday lives. Maintaining the best texture in packaged ready meals, like pizza, and snacks, creatively processing veggies to incorporate more acceptable textures like crunch or creaminess, are just some of the goals facing innovation going forward.



Trend eight

Blissfully Boosted

The blissfully boosted trend is redefining food by **blending exceptional indulgence with added functional benefits**, allowing consumers to enjoy their favourite flavours alongside added health support. It's about foods that don't just taste good—they do good. From nutrient-packed hot chocolates to enhanced snacks, this trend is **transforming every bite into a step toward holistic wellbeing**.

The blissfully boosted trend reflects consumers' desire for foods that are both indulgent and supportive of their wellness goals. Leading this movement are products like high-protein pasta sauces, nutrient-enriched crackers, and probiotic drinks, which combine enjoyment with nutrition by incorporating functional ingredients such as botanicals, probiotics, and plant-based proteins into familiar favourites like high-fibre breads, protein-enriched creamers, and antioxidant-rich energy drinks. These enhanced foods allow consumers to savour their everyday choices, safe in the knowledge that they are also enjoying added benefits typically associated with supplements.

This trend has a global reach, adapting to suit regional preferences. In Japan, there is a focus on skin health and relaxation, with functional foods tailored to enhance beauty and wellbeing. In the UK and US, convenience and natural ingredients are the priority, resulting in a wave of fortified snacks and beverages designed to deliver specific health benefits. Meanwhile, in China, traditional medicine is increasingly integrated into functional foods, tapping into the appeal of natural wellness solutions.

For brands, the opportunity is there to deliver taste, texture, and visual appeal while seamlessly incorporating functional benefits. With wellness now a central focus, brands are innovating to meet this demand, adding flavour-forward, health-boosting ingredients that feel as natural as they taste. The blissfully boosted category is set for growth as consumers continue to seek foods that align with their lifestyle goals without sacrificing flavour or enjoyment. For example, Yfood developed a bar with a complete nutrient profile, with a good balance of carbs, protein and fibre, along with 25 vitamins and minerals. The taste is as complete as the nutrition, with the bars boasting numerous layers with playful textures that make up a complex mouthfeel experience.



Yfood nutritionally complete and very indulgent bars, with multi texture layers





Climate Proof Food

Rising temperatures and unpredictable weather patterns have had a significant impact on ingredients supply chains. As we move forward, these impacts are likely to be felt on stability and storage too.

The climate crisis's impact on supply chains and the carbon footprint of our food is well-documented. However, the effects of rising temperatures on food products themselves-when they're on shelves and in homes-are becoming an urgent concern.

Issues include ensuring maintenance of product safety, reduced shelf life, and nutrient loss. As temperatures rise, challenges such as melting, limpness, and souring increase, complicating manufacturers' efforts to maintain expected mouthfeel. To address heat tolerance, reformulating items that currently rely on specific temperature controls will be essential.

How will products be affected?

It's no great secret that frozen goods are particularly vulnerable to instability across their lifespan. Manufacturers must ensure they resist heat during transport to avoid 'heat shock', which creates gritty ice particles and unpleasant textures. Ambient and chilled products also face challenges: higher-fat foods may become rancid, sauces can separate, and dairy products are at increased risk for bacterial growth. In baked goods, moisture loss can lead to an unappealing dry mouthfeel.

All of this presents a significant opportunity for innovators to continue to create an unparalleled taste experience that consumers love.

How retailers are adapting

Retailers are taking significant steps to combat rising temperatures. For instance, chocolate bars, traditionally stored on ambient shelves, are increasingly kept in visicoolers or fridges to prevent melting. Mayonnaise brands have adapted by using emulsifiers and preservatives to maintain product quality at higher temperatures. Similarly, Barry Callebaut has developed chocolates that can withstand temperatures up to 38 degrees Celsius (100 degrees Fahrenheit).

Many retailers are lowering store temperatures to support on-shelf stability, though this introduces risks of new temperature extremes. Additionally, packaging innovations are emerging to help preserve food quality and make a point to communicate to customers about a product's freshness.



Food for Thought

As this report has shown, mouthfeel represents an **amazing opportunity** for food and drink brands to **capture the senses** of consumers.

Taste remains front and center—and mouthfeel is the key to unlocking it! For brands, prioritising taste and innovation in their pipelines is essential as they explore new dimensions of texture and sensory experiences.

However, additional forces are shaping the future of innovation, affecting both taste and mouthfeel.

Consumers are ever busier and are increasingly aware of their health, but their grocery budgets are constrained. The task of formulators is to reformulate and innovate products that tick all of these boxes while providing the desired taste experience. Mouthfeel can't be sacrificed during reformulation, otherwise consumers may shy away from their usual brands and turn elsewhere.

Additionally, environmental concerns are now a major force in the food industry. Climate change will drive innovation as retailers seek ways to maintain food quality despite rising temperatures.

Tate & Lyle is mastering the marvel of mouthfeel. Our team of experts is equipped with the cutting-edge science and consumer insights to help customers across a range of categories.

Our portfolio is a market leader in mouthfeel, with more than 250 speciality starches, clean label texturants, alternative flours, a range of fibres including corn, citrus and FOS, hydrocolloids such as xanthan gum and pectin, and so much more.

We are eager to partner with you to innovate and renovate your products for the future of food, leveraging the trends we have mapped and ensuring an outstanding taste and mouthfeel that will keep consumers coming back for more.



Ready to discuss ways to elevate the mouthfeel of your products?

Head to tl.tateandlyle.com/mouthfeel-trends-report fill out the form and we'll get in touch.

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